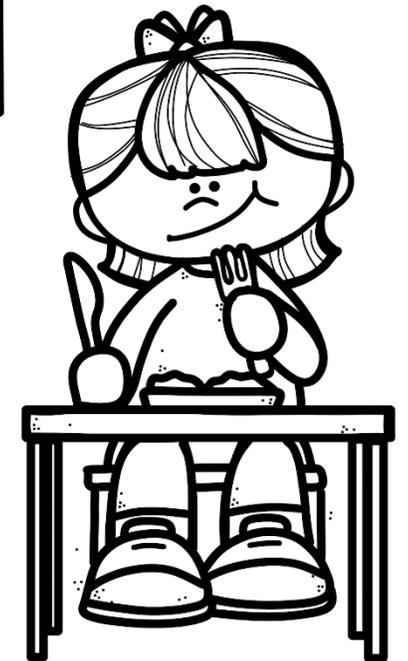
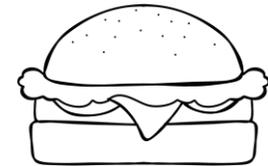
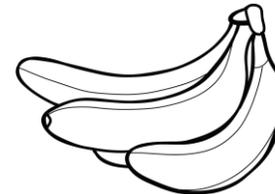
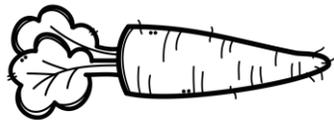
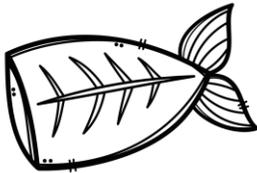
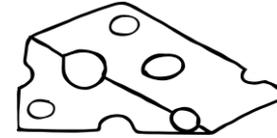
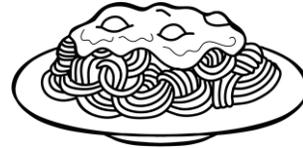
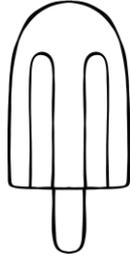
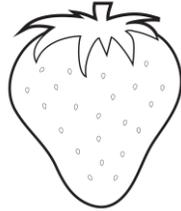
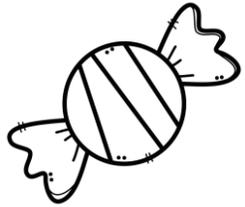


**CUADERNO DE ACTIVIDADES:**

# **ALIMENTACIÓN SALUDABLE**



Colorea de rojo los alimentos no saludables y de verde los saludables.



Escribe alimentos saludables que puedes comer en cada momento:

Desayuno

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Almuerzo

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Merienda

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Cena

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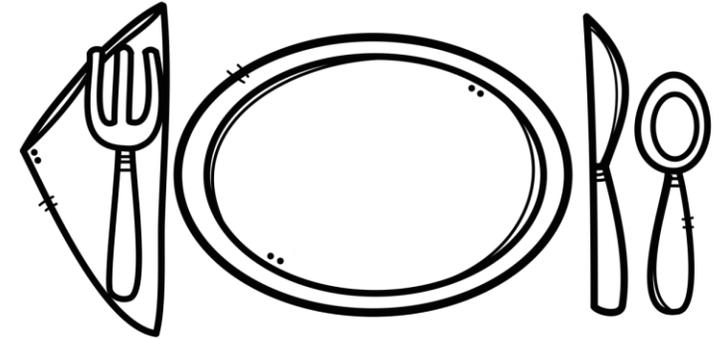
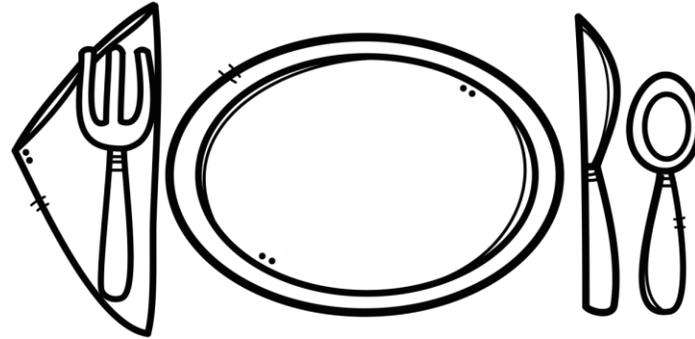
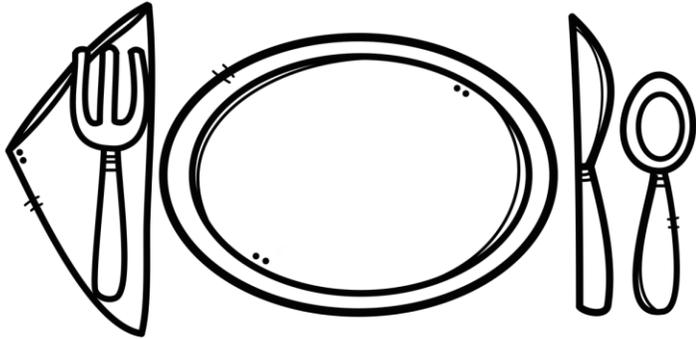
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Dibuja un menú saludable:

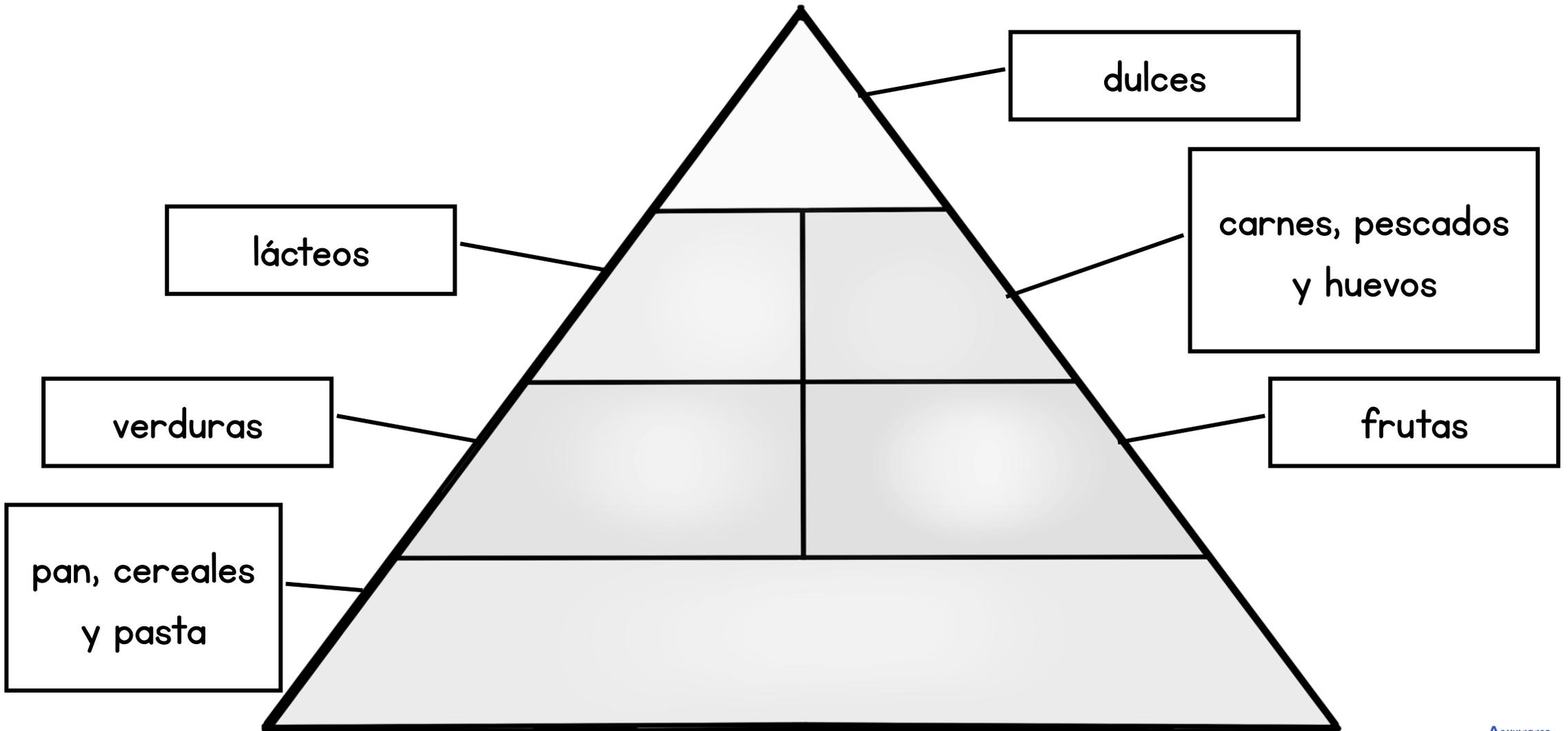
1er plato

2º plato

Postre



Dibuja dos alimentos que correspondan a ese grupo



Escribe el nombre del grupo de alimentos:

